

Ref. No.

Date: 19th August, 2026

ZUMBA (IX–XII)

“Move to the Beat... Dance with Energy... Stay Fit...”

Puran Murti Global School is pleased to organize a **Zumba Activity for students of Classes IX to XII**. This energetic and enjoyable activity is designed to promote **physical fitness, coordination, stamina, confidence, and an active lifestyle** through music and rhythmic movement.

The activity will provide students with an opportunity to participate in an engaging fitness session that combines **dance, exercise, music, and movement** in a lively and positive environment.

Let Us Celebrate:

- Fitness & Stamina
- Energy & Coordination
- Rhythm & Movement
- Confidence & Positivity
- Team Spirit & Active Living

Message for Students:

“Move with the music, enjoy every beat, and make fitness a fun part of your everyday life.”

Our Commitment:

“To encourage healthy and active lifestyles among students by integrating enjoyable physical activities that promote fitness, confidence, discipline, and overall well-being.”

Let us make this activity energetic and memorable as our senior students come together to celebrate **fitness, music, movement, and the joy of staying active**.